

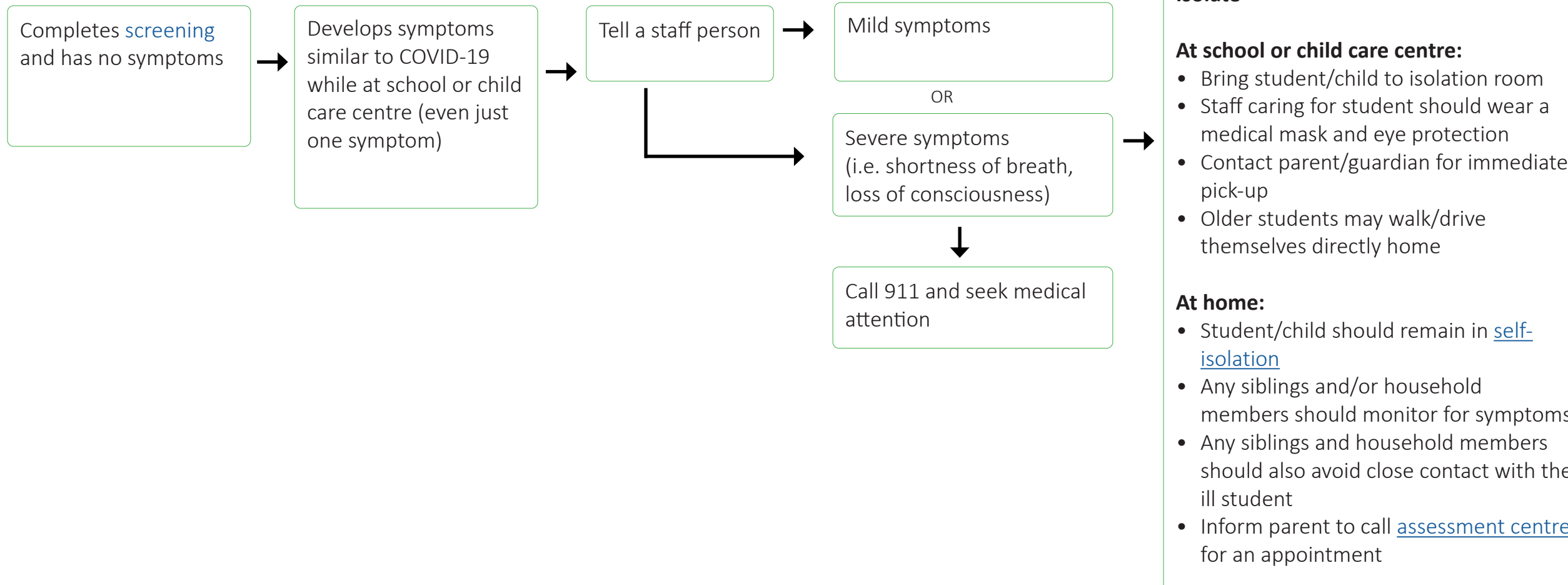
COVID-19:

What to do if a student or child is sick

Complete screening

Every morning before leaving the house, pause and check for any [symptoms or signs of illness](#). If you have no symptoms, have a great day Don't forget to bring your face mask, avoid unnecessary close contact and wash your hands often.

Develops symptoms at school or child care centre



While your child is waiting for COVID-19 test results, they must remain in [self-isolation](#). Self-isolation means they cannot attend school or child care in person and must stay at home; they should not have any visitors and should avoid close contact with other members of the household. Any siblings and household members should [self-monitor](#) for symptoms.

Testing is positive

- Algoma Public Health will connect and provide direction
- Review [School Protocol When Students/Staff Test Positive for COVID-19](#)
- Student/child must stay home - direction will be provided by Algoma Public Health
- Household must also isolate and further direction will be provided by Algoma Public Health

Testing is negative

- If student/child is symptom free for 24 hours they can **return to school**
- Documented proof of the negative test result is not required to return to school
- Mild symptoms known to persist in young children (e.g., runny nose) may be ongoing at time of return to school IF other symptoms have been resolved

Not tested for COVID-19

Note: COVID-19 testing is strongly recommended for any child who has symptoms. It is the most reliable way to tell if a person has COVID-19 at this time.

- If your child has fever/chills, cough (more than usual), shortness of breathe and decreased or loss of smell or taste, they must stay home and isolate for 10 days from the onset of symptoms AND be symptom-free for 24 hours before returning to school.
- If your child has **ONE** of the following: sore throat, stuffy or runny nose, headache, nausea, vomiting and/or diarrhea, or fatigue, lethargy or muscle aches, your child should stay home for 24 hours from when the symptom started. If the symptom is improving, your child may return to school/child care when they feel well enough. If the symptom persists or worsens, contact your [assessment centre](#) for an appointment to get tested for COVID-19.

- We all have a part to play in preserving the capacity of our local health care system, especially during cold and flu season. To make sure those who need urgent medical care can get it quickly in our communities, **please avoid unnecessary visits to the emergency department or to primary care clinics**. Remember, COVID-19 testing at your local [assessment centre](#) is the most reliable way to tell if a person with symptoms has COVID-19, and medical notes are not necessary for returning to school.

Has symptoms after screening at home

